



Dear Parent /Guardian,

BreakOut, the schools holiday activity and food programme commissioned by B&NES Council (from central Government funding), is back during the Christmas holidays and operating in various community venues. The BreakOut programme sees Bath Rugby Foundation lead a consortium of highly skilled practitioners to deliver a multitude of sporting, creative play and youth work activities over the holiday period, whilst providing free nutritious meals, all free of charge, for young people aged 5-16 whose families are eligible for benefits-related free school meals.

Bath Rugby Foundation are working in partnership with [Bath Area Play Project](#), [FareShare South West](#), and [Youth Connect South West](#). Together they will deliver a package of activities each day for young people to engage in, providing them with an opportunity to thrive and socialise in community sessions.



Junior BreakOut: Parents/Guardians can book to drop their children aged 5-11 years of age to one of the morning hubs where children will be able to enjoy 4-hours of fun, supervised activities followed by a delicious and nutritious lunch. Hubs are available in; *Keynsham, Twerton, Midsomer Norton, Peasedown St John, Snowhill, Paulton and Odd Down.*



Teen BreakOut: Teens can book to enjoy social time, music, art and sports activities, as well as health & wellbeing and food workshops that have been designed specifically for their age group. Teen BreakOut is open to young adults aged 12-16, with hubs available in; *Keynsham, Southdown and Midsomer Norton.*



Family BreakOut: Will offer 2-hour fun sessions with a variety of festive activities to enable families to enjoy fun and valuable time together. These sessions are for families with children aged 5-12 years of age with places prioritised for families eligible for free school meals. There are venues in Twerton and Keynsham.

Food Parcels: - There will also be an opportunity for parents/guardians to select free food from the venues during the collection of their child or teen from sessions.

Participants must adhere to all Covid-19 safety and behaviour protocols while on site. If any participants demonstrate Covid-19 symptoms while they are attending, the parent/guardian will be asked to collect their child. **BreakOut sessions are currently based on current Government Guidelines and subject to change. Booking is essential.** We anticipate high demand for places so please book as soon as you can – bookings open on **1st December**.

How to book...

All sessions are FREE to attend, simply click on the link below to confirm eligibility and to secure the hub sessions of your choice.

www.bathrugbyfoundation.com/winterbreakout

For any questions about BreakOut, please email: breakout@bathrugbyfoundation.com or call: **07443767555**.